

Tricuro

The Connect Café
at Blandford
Connect



Tricuro

Tricuro Blandford Connect

Opening Times
Monday to Friday
10:00 to 15:00

Easter Dates!
Tues 16th After-
noon Tea 1:30-
3:30pm £5pp
Thurs 18th Roast
turkey 2 Course
Lunch 12:30pm
£7pp

The Revision Studio

Making Every Lesson Count

www.revisionstudio.co.uk

Email: info@revisionstudio.co.uk



English tutoring available for KS2, 3 and 4
(including help preparing for SATs and
GCSEs.)

All sessions taken by a highly experienced,
secondary English teacher.

Group lessons are held at Blandford
Community Centre.
Please see the website for further details.

*Need support
for English
G.C.S.E.'s?
Get in touch!*

Other News

Events Calendar

April 2019



 Tricuro Blandford Connect | Heddington Drive, Blandford Forum, DT11 7TP

 01258 480762 |  Tricuro Blandford Connect |  www.tricuro.co.uk

Tricuro Blandford Connect Events Calendar April 2019



TAI CHI 11:00 - 12:00

A great opportunity for anyone in the Third Youth to get together for this session of relaxation and movement whilst socialising and enjoying company of others.

FORTNIGHTLY ON THURSDAYS. Fee: £4.20



THE KNIT AND KNATTER GROUP 14:00 - 16:00

For anyone who likes knitting, crocheting, sewing or embroidering, as well as spending quality time with others.

EVERY 2nd THURSDAY of each month.

Fee: donations for tea and biscuits

THE REMEMBERING TREE CAFÉ 10:00 - 12:00

A Session for people affected by memory loss and their carers. Offering: safe and engaging place, activities, conversations, sharing of experiences and enjoying tea, cake and company. **FORTNIGHTLY ON FRIDAYS.**

Fee: £7.50 (one fee for both participants)



THE WEEKEND FRIENDS GROUP 10:00 - 13:00

Excellent opportunity for people with learning disabilities to get together, enjoy creative activities, socialise as well as prepare and eat lunch together.

EVERY 2nd SATURDAY.

Fee: £6.00 / session



THE CARERS SUPPORT GROUP 10:00 - 12:00

For anyone who supports another person with their daily life. Open sessions: chat, good company, advice, information and coffee & cake. All in a relaxed atmosphere.

EVERY 1st TUESDAY of each month! Fee: donations only



THE GENTS OWN GROUP 14:00 - 15:30

Excellent sessions for mature gentlemen and get together, discuss life, worlds' affairs, enjoy a game, a quiz or model making, plan a trip etc. Options are limitless.

FORTNIGHTLY ON MONDAYS! IN THE CAFÉ.

THE STEP AHEAD GROUP 13:30 - 15:00

Really friendly group for carers of people with memory problems. Always opened to anyone who wants to share their experience, build friendships and learn of each other.

EVERY 1st WEDNESDAY of each month.



EVENING YOGA GROUPS

Fancy trying Yoga for the first time? Give the Wednesday Beginners Yoga a go! It's a relaxed introduction to Yoga in a lovely friendly environment. Or if you are Yoga enthusiast and would like to join a regular, well established group, then the Tuesday evening group is perfect for you! **TUESDAY 18:30 - 19:30 WEDNESDAY 18:00 - 19:00 FEE: £5.00**

