

Events Calendar

November 2017

1st



14:00 – 16:00 The Grand Opening of the Connect Café – our own community café!
Warm invitation to everyone! Join us to sample our home-made food, try our cakes, meet the Chef and learn all about our new Catering Service. (See the back page for more information)

1st



13:30 – 15:00 The Step Ahead Group
A really friendly group for carers of people with memory problems. Open to anyone who wants to share their experience, build friendships and learn from each other. EVERY 1st WEDN. of the month.

2nd



11:00 – 12:00 Moving Gently Together
Excellent sessions offering an opportunity for relaxation and movement whilst socialising and enjoying the company of others. WEEKLY SESSIONS: EVERY THURSDAY *Fee: £4.20*

9th, 16th, 23rd, 30th

4th



10:00 – 13:00 Weekend Friends Social Group
An excellent opportunity for people with learning disabilities to get together, enjoy creative activities, socialise, as well as prepare and have lunch together. FORTNIGHTLY ON SATURDAYS. *Fee: £6.00 / session.*

& 18th

6th



14:00 – 15:30 The Boys' Own Zone – Gentlemen Group - Excellent sessions for mature gentlemen to get together, discuss life, world affairs, enjoy a game, a quiz or model making, plan a trip. FORTNIGHTLY ON MONDAYS! *Fee: £2.00*

& 20th

7th



10:00 – 15:00 The Carers Support Group
For anyone who supports another person with their daily life. Open sessions: chat, good company, advice, information and coffee & cake. All in a relaxed atmosphere. EVERY 1st TUESDAY of each month!
Fee: donations only

7th



13:30 – 15:00 The “Brain Ticking” Group
An excellent opportunity to get together with others, enjoy different board games, crosswords and many other options for cognitive stimulation. Making friends and keeping the brain ticking!
FORTNIGHTLY ON TUESDAYS! *Fee: £4.20*

& 21st

9th



14:00 – 16:00 The Knit and Knatter Club
For anyone who likes knitting, crocheting, sewing or embroidery, as well as spending quality time with others. EVERY 2nd THURSDAY of each month.
Fee: donations for tea and biscuits

10th



10:00 – 12:00 The Remembering Tree Café
Sessions for people affected by memory loss and their carers. Offering: a safe and engaging place, activities, conversations, sharing of experiences and enjoying tea & cake. FORTNIGHTLY ON FRIDAYS.
Fee: £7.50 (one fee for both participants)

& 24th

11th



10:00 – 13:00 “Active Days” Saturday Club
Run by Clare and Helen from “Active Days” for people with Learning Disabilities and Autism. Offering activities which are fun and help to relax and a chance to meet new friends. For more details call Clare on 07941 150631
Fee: £8.00

& 25th

15th



14:00 – 16:00 Art Class – Session 2
An excellent group run by Jane, the art teacher. This session’s themes is: “Dot Painting”, exploring this form of art, expressing yourself and spending time with others. All materials supplied. Phone us to book your place.
Fee: £8.00

24th



14:00 – 16:00 Carers Information & Advice – Open Event
To celebrate the Carers Rights Day we are hosting this event opened to ALL CARERS in our community! Meet people & organisations who work locally to support you, learn what’s available to you, enjoy afternoon tea!

Other news!

The Connect Café

Tricuro

at the Blandford
Community Centre

Blandford Centre Community Café is opened!

As from 1st November our Connect Café's door is open to everyone in our local community!

So, if you need a mug of lovely coffee and a freshly baked cake,

home-cooked lunch,

or a supper box to pick up for an easy evening,

or maybe you are looking for business or personal catering

– we are here for you!



Café Opening times: Monday to Friday, from 10am to 3pm.

Our Annual Christmas Bingo

This annual fund-raising event has become a tradition now! So join us for an evening of great fun and healthy competition to raise money for the Blandford Community Centre's Adults with Learning Disabilities.

Friday, 3rd November, at the Royal British Legion;
Eyes down 7:30pm!



GET IN TOUCH

Visit us: Heddington Drive, Blandford, DT11 7TP

Call us: 01258 480 762.

Email: Dorset.BlandfordDayCentre@tricuro.co.uk

Follow us on Facebook:

Tricuro Blandford Community Centre

Blandford Community Centre

Heddington Drive

Blandford Forum DT11 7TP

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improving lives, building independence