

## Events Calendar

### April 2018

5<sup>th</sup>



**11:00 – 12:00** Moving Gently Together

Excellent opportunity for anyone in the Third Youth to get together for this session of relaxation and movement whilst socialising and enjoying company of others. **TAKING PLACE EVERY THURSDAY.** *Fee: £4.20*

12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>

4<sup>th</sup>



**13:30 – 15:00** The STEP AHEAD Group

Really friendly group for carers of people with memory problems. Always opened to anyone who wants to share their experience, build friendships and learn of each other. **EVERY 1<sup>st</sup> WEDNESDAY** of the month.

13<sup>th</sup>



**10:00 – 12:00** The Remembering Tree Café

Session for people affected by memory loss and their carers. Offering: safe and engaging place, activities, conversations, sharing of experiences and enjoying tea, cake and company. **FORTNIGHTLY ON FRIDAYS.**

*Fee: £7.50 (one fee for both participants)*

& 27<sup>th</sup>

12<sup>th</sup>



**14:00 – 16:00** The Knit and Knatter Club

For anyone who likes knitting, crocheting, sewing or embroidering, as well as spending quality time with others.

**EVERY 2<sup>nd</sup> THURSDAY** of each month.

*Fee: donations for tea and biscuits*

5<sup>th</sup>



**18:30 – 20:30** Thursday Evening Friends Social Group

A wonderful extension of our weekend Social Group, this is a great chance to get together and socialise during the week. **NEW!! - EVERY THURSDAY.** *Fee: £5.00/ Session*

12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>

14<sup>th</sup>



**10:00 – 13:00** Weekend Friends Social Group

Excellent opportunity for people with learning disabilities to get together, enjoy creative activities, socialise as well as prepare and eat lunch together. **EVERY 2<sup>nd</sup> SATURDAY.**

*Fee: £6 / Session*

& 28<sup>th</sup>

9<sup>th</sup>



**14:00 – 15:30** The Boys' Own Zone – Gentlemen Group

Excellent sessions for mature gentlemen and get together, discuss life, worlds' affairs, enjoy a game, a quiz or model making, plan a trip or... Options are limitless. **FORTNIGHTLY ON MONDAYS!**

*Fee: £2.00 / session*

& 23<sup>rd</sup>

10<sup>th</sup>



**13:30 – 15:00** The "Brain Ticking" Group

New and excellent opportunity to get together with others, enjoy different board games, crosswords and many other options for cognitive stimulation. Making new friendships and keeping the brain ticking! **FORTNIGHTLY ON TUESDAYS!**

*Fee: £3.00 / session*

& 24<sup>th</sup>

3<sup>rd</sup>

"My Time"



**10:00 – 15:00** The Carers Support Group

For anyone who supports another person with their daily life. Open sessions: chat, good company, advice, information and coffee & cake. All in a relaxed atmosphere. **EVERY 1<sup>st</sup> TUESDAY** of each month!

*Fee: donations only*

11<sup>th</sup>



**13:30 – 15:30** Art Class – Beginners Drawing and Painting

– This is run by our friend Jane, a qualified art teacher. You can join at any time as each session will offer different learning experience. Call us today to book your place.

*Fee: £8.00*

## Other news!

### The Connect Café

Tricuro

at the Blandford  
Community Centre

#### CAFÉ NEWS!



Join us in the Café for a traditional Roast Beef Dinner on  
St. Georges Day – 23<sup>rd</sup> April 2018 – 12.30pm

[New!! - Lunch Club @ The Connect Café](#)

Come and join us every Wednesday

Starting 11<sup>th</sup> April – 12.30-1.30pm - Only £6pp

for some lovely food!

And the opportunity to meet new friends in the  
community.

## Call us for further information

### GET IN TOUCH

Visit us: [Heddington Drive, Blandford, DT11 7TP](#)

Call us: [01258 480 762](tel:01258480762).

Email: [Dorset.BlandfordDayCentre@tricuro.co.uk](mailto:Dorset.BlandfordDayCentre@tricuro.co.uk)

Visit our website: [www.tricuro.co.uk](http://www.tricuro.co.uk)

Follow us on Facebook:

[Tricuro Blandford Community Centre](#)

## Blandford Community Centre

Heddington Drive  
Blandford Forum DT11 7TP

# Events Calendar



JOIN US IN THE  
CONNECT CAFÉ

FOR A TRADITIONAL  
ROAST BEEF DINNER!



improving lives, building independence

# April 2018